Lunch Menu

Schodack HS

November 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Fajita Mac & Cheese Or Grilled Cheese Sandwich Side Salad Steamed Peas Mixed Fruit TRY THIS TODAY!	3 Spicy Beef Walking Taco Black Beans Salsa Cucumber Coins Pineapple Cup	4 Incredibowls General Tso's Chicken Broccoli Florets Diced Peaches IncrediBOWLS	5 Chicken Bowl with Gravy Or Cheeseburger Applesauce Student FAVES	SCHOOL CLOSED TODAY
9 Wing Shack Honey BBQ Chicken Wings Crispy Potato Puffs Roasted Butternut Squash Stop by the Wing Shack Enjoy the best wings in town!	10 Spicy Beef Nachos Grande Black Beans Chilled Red Pepper Strips Diced Pear Cup		12 Beef Goulash Or Cheeseburger Oven Baked Fries Steamed Carrots Applesauce Student FAVES	13 Grilled Cheese Sandwich POr Pepperoni Pizza Cheese Pizza Side Salad Steamed Broccoli Fresh Banana
16 Buffalo Chicken Mac & Cheese Or Grilled Cheese Sandwich Crispy Potato Puffs Side Salad Steamed Peas Mixed Fruit	17 Spicy Beef Walking Taco Black Beans Salsa Cucumber Coins Pineapple Cup	18 Incredibowls General Tso's Chicken Broccoli Florets Diced Peaches IncrediBOWLS	19 Yard Bird Classic Chicken Sandwich Oven Baked Fries Applesauce YARD BIRD The Original Chicken Sandwich	20 Beef Hot Dog on Bun Or Stuffed Breadstick Steamed Zucchini Diced Pear Cup new
23 Wing Shack Honey BBQ Chicken Wings Crispy Potato Puffs Roasted Butternut Squash Stop by the Wing Shack Enjoy the best wings in town!	24 Spicy Beef Nachos Grande Black Beans Chilled Red Pepper Strips Diced Pear Cup	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
30 Chicken Fajita Mac & Cheese Or Grilled Cheese Sandwich Side Salad Steamed Peas Mixed Fruit				

MELTED MAC FACTORY

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student price $0.00
Adult price $5.38+tax
Choice of
1% White Milk or
Fat Free Chocolate Milk

Food service phone Tom McNay 518.732.4269

Daily Lunch Offerings:

Side Salad, Variety Of Pizza (Meat and Vegetable)

Grab and Go Sandwiches ~ Turkey / P Ham / Buffalo Chicken with or without Cheese on WG Breads, and PBJ's **All Sausage is Chicken. All Burgers are Beef All Buns are WG**

Entree Salads: Chicken Salads, Chef Salads Garden Salads with Cheese (all served with WG Roll) A Variety of Fresh Fruits & Vegetables available Daily. Grains are whole grains or Whole wheat. Apples, Oranges and Bananas. Yogurt Parfaits with Fruit and Granola.

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients