Breakfast Menu

Schodack HS November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Sausage, Egg and Cheese Sandwich Sliced Apples Orange 100% Juice	3 Spicy Country Breakfast Bowl Sliced Apples Orange 100% Juice IncrediBOWLS	4 Whole Grain French Toast Slices Fresh Orange 100% Apple Juice	5 Mini Blueberry Pancakes Sliced Apples Orange 100% Juice	SCHOOL CLOSED TODAY
9 Ham, Egg and Cheese Sandwich Sliced Apples Orange 100% Juice	10 Mini Blueberry Pancakes Fresh Orange 100% Apple Juice		12 Cinnamon Bun Sticks Fresh Orange 100% Apple Juice	13 Bacon, Egg and Cheese Breakfast Sandwich Sliced Apples Orange 100% Juice
16 Egg and Cheese Sandwich Fresh Orange	17 Spicy Country Breakfast Bowl Sliced Apples Orange 100% Juice IncrediBOWLS	18 Whole Grain French Toast Slices Fresh Orange 100% Apple Juice	19 Mini Blueberry Pancakes Sliced Apples Orange 100% Juice	20 Bacon, Egg and Cheese Breakfast Sandwich Fresh Orange 100% Apple Juice
23 Ham, Egg and Cheese Sandwich Sliced Apples Orange 100% Juice	24 Fluffy Whole Grain Waffles Fresh Orange 100% Apple Juice	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
30 Sausage, Egg and Cheese Sandwich Sliced Apples Orange 100% Juice				

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

Students $0.00
Adult $3.11+tax
518-732-4269
For more information
100% Juice served every day

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Egg Sandwiches ~ Milk and Fruit / Fruit Juices, String Cheese ~ Graham Cracker ~ Yogurt All grains are whole grains or whole wheat, Fat Free Chocolate Milk and 1% White Milk

Meats Served Turkey Sausage, Pork Bacon, Pork Ham

If you have any questions or would like additional information regarding this menu please contact your food service director Tom McNay 518.732.4269

Vegetarian | Made With Natural Ingredients | Pork | Smart Choice | Made With Organic Ingredients