Breakfast Menu

CASTLETON ELEMENTARY

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain Bagel with Cream Cheese Sliced Oranges 100% Apple Juice	3 Blueberry Muffin Orange 100% Juice Sliced Apples	4 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples	5 Golden Grahams Cereal Graham Crackers Orange 100% Juice Sliced Apples	SCHOOL CLOSED TODAY
9 Whole Grain Bagel with Cream Cheese Sliced Oranges 100% Apple Juice	10 Chocolate Chip Muffin Sliced Oranges K 100% Apple Juice		12 Apple Cinnamon Cheerios Cereal Graham Crackers Sliced Oranges K 100% Apple Juice	13 Strawberry Pop Tart Graham Crackers Orange 100% Juice Sliced Apples
16 Whole Grain Bagel with Cream Cheese Sliced Oranges	17 Blueberry Muffin Orange 100% Juice Sliced Apples	18 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples	19 Golden Grahams Cereal Graham Crackers Orange 100% Juice Sliced Apples	20 Brown Sugar Cinnamon Pop Tart Graham Crackers Sliced Oranges 100% Apple Juice
23 Whole Grain Bagel with Cream Cheese Sliced Oranges 100% Apple Juice	24 Chocolate Chip Muffin Sliced Oranges 100% Apple Juice K	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
30 Whole Grain Bagel with Cream Cheese Sliced Oranges 100% Apple Juice				

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

Assorted Fruits and 100% Juice included with all meals

Student Breakfast $0.00
Adult Breakfast $3.11+tax
For more information
Tom McNay 518-732-4269

Alternate Choices upon Request

Assorted Cereals, Pop Tarts and Cereal Bars all are offered w/cheese string, graham cracker, or yogurt. Variety of warm muffins. All served with fat free Chocolate or low fat milk, assorted juices and fresh fruits. K = Kosher and is available everyday

All Grains are whole grains or whole wheat

Vegetarian | Made With Natural Ingredients | Pork | Smart Choice | Made With Organic Ingredients

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.