

# Breakfast Menu

# Schodack HS

May 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

4 Ham, Egg and Cheese Sandwich **P**  
Sliced Apples  
Orange 100% Juice

5 Mini Blueberry Pancakes  
Fresh Orange  
100% Apple Juice

6 Strawberry Mini Bagel **V**  
Sliced Apples  
Orange 100% Juice

7 Cinnamon Bun Sticks **V**  
Fresh Orange  
100% Apple Juice

8 Bacon, Egg and Cheese Breakfast Sandwich  
Sliced Apples  
Orange 100% Juice

11 Egg and Cheese Sandwich **V**  
Fresh Orange  
100% Apple Juice

12 **new** Spicy Country Breakfast Bowl **V** **GF**  
Sliced Apples  
Orange 100% Juice  


13 Whole Grain French Toast Slices **V**  
Fresh Orange  
100% Apple Juice

14 Mini Blueberry Pancakes  
Sliced Apples  
100% Orange  
Tangerine

15 Bacon, Egg and Cheese Breakfast Sandwich  
Fresh Orange  
100% Apple Juice

18 Ham, Egg and Cheese Sandwich **P**  
Sliced Apples  
Orange 100% Juice

19 Fluffy Whole Grain Waffles **V**  
Fresh Orange  
100% Apple Juice

20 Ham, Egg and Cheese Sandwich **P**  
Sliced Apples  
Orange 100% Juice

21 Cinnamon Bun Sticks **V**  
Fresh Orange  
100% Apple Juice

**SCHOOL CLOSED TODAY**



**SCHOOL CLOSED TODAY**

27 Whole Grain French Toast Slices **V**  
Fresh Orange  
100% Apple Juice

28 Cinnamon Bun Sticks **V**  
Fresh Orange  
100% Apple Juice

29 Bacon, Egg and Cheese Breakfast Sandwich  
Fresh Orange  
100% Apple Juice

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### Breakfast Prices

Students \$0.00  
Adult \$2.71+tax  
518-732-4269

For more information  
100% Juice served every day

### Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Egg Sandwiches ~ Milk and Fruit / Fruit Juices, String Cheese ~ Graham Cracker ~ Yogurt All grains are whole grains or whole wheat, Fat Free Chocolate Milk and 1% White Milk

Meats Served Turkey Sausage, Pork Bacon, Pork Ham

If you have any questions or would like additional information regarding this menu please contact your food service director Tom McNay 518.732.4269

