

Lunch Menu

CASTLETON ELEMENTARY

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

May 2026

Monday



4 Homemade Mac & Cheese
Dinner Rolls
Chicken Nuggets
Steamed Peas
Apple Slices

11 Beef Hot Dog on Bun
OR Cheeseburger
Smiley Fries
Sliced Oranges

18 Homemade Baked Pasta with Cheese

Chicken Nuggets
Broccoli Florets
Apple Slices



Tuesday

A Smoothie is a complete meal with a half cup of fruit, half cup of dairy and Whole. Grain graham crackers

5 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
OR Strawberry Smoothie
Pineapple Cup

12 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Pineapple

19 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
OR Strawberry Smoothie
Pineapple

26 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Honeydew and Cantaloupe Cup

Wednesday



6 Grilled Cheese Sandwich
Mini Blueberry Pancakes
French Toast
Sausage Patty
Crispy Potato Puffs
Steamed Carrots
Diced Peaches

13 Grilled Cheese Sandwich
Mini Blueberry Pancakes
French Toast
Sausage Patty
Crispy Potato Puffs
Steamed Peas
Diced Peaches

20 Grilled Cheese Sandwich
Mini Blueberry Pancakes
French Toast
Sausage Patty
Crispy Potato Puffs
Green Beans
Diced Peaches

27 Grilled Cheese Sandwich
Mini Blueberry Pancakes
French Toast
Sausage Patty
Crispy Potato Puffs
Steamed Carrots
Diced Peaches

Thursday

7 Beef Hot Dog on Bun
Cheeseburger
Green Beans
Watermelon Cup

14 Pasta with Meat Sauce
Crispy Chicken Sandwich
Buttered Corn
Sliced Oranges

21 Beef Hot Dog on Bun
Cheeseburger
Baked Beans
Fresh Green Grapes

28 Cheeseburger
Beef Hot Dog on Bun
Glazed Carrots
Sliced Oranges

Friday

1 Classic Cheese Pizza
Roasted Butternut Squash
Fresh Banana

8 Classic Cheese Pizza
Glazed Carrots
Fresh Banana

15 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Marinara Sauce
Sweet Corn
Diced Pear Cup

SCHOOL CLOSED TODAY

29 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Marinara Sauce
Sweet Corn
Diced Pear Cup

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

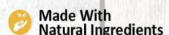
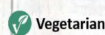
*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Prices

Lunch is Free for all Students
Milk \$0.50 Adult \$5.02+tax
Variety of Fruit and Vegetables.
Fruit Cups, Apples, Oranges and Bananas
All Grains are WG
1% White Milk or FF Chocolate
Included with all meals



Lunch Daily Offerings:

Romaine Side Salad W/ Dressing, Fruit, Hot Vegetables of the day
Grab and Go Sandwiches- Turkey and Cheese, PB&J,
Cheese Sandwiches all on WG Breads.
Bagel Meal with Cheese Stick and Yogurt. **K = KOSHER, available every day. Muffin Meal Lunch includes Yogurt and Cheese Stick**
Garden Salad with Cheese, (offered with WG Rolls). Food Service phone
Tom McNay 518.732.4269