

Breakfast Menu

CASTLETON ELEMENTARY

May 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday



Wednesday



Thursday



Friday

4 Whole Grain Bagel with Cream Cheese 100% Apple Juice Sliced Oranges

5 Chocolate Chip Muffin 100% Apple Juice Sliced Oranges
K

6 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

7 Apple Cinnamon Cheerios Cereal Graham Crackers 100% Apple Juice Sliced Oranges
K

8 Strawberry Pop Tart Graham Crackers Orange 100% Juice Sliced Apples

11 Whole Grain Bagel with Cream Cheese 100% Apple Juice Sliced Oranges

12 Blueberry Muffin Orange 100% Juice Sliced Apples

13 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

14 Golden Grahams Cereal Graham Crackers Orange 100% Juice Sliced Apples

15 Brown Sugar Cinnamon Pop Tart Graham Crackers 100% Apple Juice Sliced Oranges

18 Whole Grain Bagel with Cream Cheese 100% Apple Juice Sliced Oranges

19 Chocolate Chip Muffin 100% Apple Juice Sliced Oranges
K

20 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

21 Red. Sugar Cocoa Puffs Cereal Graham Crackers 100% Apple Juice Sliced Oranges

SCHOOL CLOSED TODAY



26 Blueberry Muffin Orange 100% Juice Sliced Apples

27 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

28 Apple Cinnamon Cheerios Cereal Graham Crackers 100% Apple Juice Sliced Oranges

29 Brown Sugar Cinnamon Pop Tart Graham Crackers 100% Apple Juice Sliced Oranges

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Assorted Fruits and 100% Juice included with all meals

Student Breakfast \$0.00
Adult Breakfast \$2.71+tax
For more information
Tom McNay 518-732-4269

Alternate Choices upon Request

Assorted Cereals, Pop Tarts and Cereal Bars all are offered w/cheese string, graham cracker, or yogurt. Variety of warm muffins. All served with fat free Chocolate or low fat milk, assorted juices and fresh fruits. K = Kosher and is available everyday

All Grains are whole grains or whole wheat

