

Breakfast Menu

Schodack HS

April
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Whole Grain French Toast Slices 
Fresh Orange
100% Apple Juice

2 Mini Blueberry Pancakes
Sliced Apples
Orange 100% Juice

**SPRING
BREAK!
SCHOOL
CLOSED**

**SPRING
BREAK!
SCHOOL
CLOSED**



**SPRING
BREAK!
SCHOOL
CLOSED**

13 Egg and Cheese Sandwich 
Fresh Orange
100% Apple Juice

14 **new** Spicy Country Breakfast Bowl  
Sliced Apples
Orange 100% Juice

15 Whole Grain French Toast Slices 
Fresh Orange
100% Apple Juice

16 Mini Blueberry Pancakes
Sliced Apples
100% Orange
Tangerine

17 Bacon, Egg and Cheese Breakfast Sandwich
Fresh Orange
100% Apple Juice

20 Ham, Egg and Cheese Sandwich 
Sliced Apples
Orange 100% Juice

21 Fluffy Whole Grain Waffles 
Fresh Orange
100% Apple Juice

22 Ham, Egg and Cheese Sandwich 
Sliced Apples
Orange 100% Juice

23 Cinnamon Bun Sticks 
Fresh Orange
100% Apple Juice

24 Bacon, Egg and Cheese Breakfast Sandwich
Sliced Apples
Orange 100% Juice

27 Sausage, Egg and Cheese Sandwich
Sliced Apples
Orange 100% Juice

28 Mini Blueberry Pancakes
Fresh Orange
100% Apple Juice

29 Whole Grain French Toast Slices 
Fresh Orange
100% Apple Juice

30 Cinnamon Bun Sticks 
Fresh Orange
100% Apple Juice

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

Students \$0.00
Adult \$2.71+tax
518-732-4269

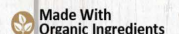
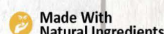
For more information
100% Juice served every
day

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Egg Sandwiches ~ Milk and Fruit / Fruit Juices, String Cheese ~ Graham Cracker ~ Yogurt All grains are whole grains or whole wheat, Fat Free Chocolate Milk and 1% White Milk

Meats Served Turkey Sausage, Pork Bacon, Pork Ham

If you have any questions or would like additional information regarding this menu please contact your food service director Tom McNay 518.732.4269



Lunch Menu

Schodack HS

April 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Incredibowls General Tso's Chicken 🍗
French Toast 🌿
Sausage Patty
Diced Peaches



2 Chicken Bowl with Gravy 🍗
Dinner Rolls
Cheeseburger
Oven Baked Fries
Sweet Corn
Applesauce

SPRING BREAK!
SCHOOL CLOSED

SPRING BREAK!
SCHOOL CLOSED



SPRING BREAK!
SCHOOL CLOSED


13 Buffalo Chicken Mac & Cheese 🍗
Grilled Cheese Sandwich 🌿
Crispy Potato Puffs
Side Salad
Steamed Peas
Mixed Fruit

14 Spicy Beef 🍗
Walking Taco
Pretzel with Cheese Sauce 🌿
Black Beans
Grape Tomatoes
Salsa
Cucumber Coins
Pineapple Cup

15 Incredibowls General Tso's Chicken 🍗
French Toast 🌿
Sausage Patty
Diced Peaches



16 Chicken Bowl with Gravy 🍗
Cheeseburger
Applesauce



17 Grilled Cheese Sandwich 🌿
P Beef Hot Dog on Bun
Pepperoni Pizza P
Cheese Pizza 🌿 🍗
Steamed Zucchini
Diced Pear Cup

20 Wing Shack Honey BBQ Chicken Wings
Crispy Potato Puffs
Roasted Butternut Squash
Fresh Green Grapes



21 Spicy Beef 🍗
Nachos Grande 🍗
Black Beans
Grape Tomatoes
Salsa
Chilled Red Pepper Strips
Watermelon Cup

22 Incredibowls General Tso's Chicken 🍗
French Toast 🌿
Sausage Patty
Crispy Potato Puffs
Honeydew and Cantaloupe Cup



23 Yard Bird Classic Chicken Sandwich
Oven Baked Fries
Applesauce




24 Grilled Cheese Sandwich 🌿
P Beef Hot Dog on Bun
Cheese Pizza 🌿 🍗
Pepperoni Pizza P
Broccoli Florets
Side Salad
Strawberry Cup


27 Chicken Fajita Mac & Cheese 🍗
Side Salad
Steamed Peas
Mixed Fruit

28 Spicy Beef 🍗
Nachos Grande 🍗
Black Beans
Chilled Red Pepper Strips
Diced Pear Cup

29 Incredibowls General Tso's Chicken 🍗
French Toast 🌿
Sausage Patty
Diced Peaches



30 Beef Goulash 🍗
Cheeseburger
Oven Baked Fries
Steamed Carrots
Applesauce



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Student price \$0.00
Adult price \$5.02+tax
Choice of
1% White Milk or
Fat Free Chocolate Milk

Food service phone Tom
McNay 518.732.4269

Daily Lunch Offerings:
Side Salad, Variety Of Pizza (Meat and Vegetable)
Grab and Go Sandwiches ~ Turkey / P Ham / Buffalo Chicken with or without Cheese on WG Breads, and PBJ's All Sausage is Chicken. All Burgers are Beef All Buns are WG
Entree Salads: Chicken Salads, Chef Salads Garden Salads with Cheese (all served with WG Roll) A Variety of Fresh Fruits & Vegetables available Daily.
Grains are whole grains or Whole wheat. Apples, Oranges and Bananas. Yogurt Parfaits with Fruit and Granola.

