

Breakfast Menu

CASTLETON ELEMENTARY

April 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Cocoa Puffs Cereal Bar
Orange 100% Juice
Sliced Apples

2 Reduced Sugar Trix
Graham Crackers
Orange 100% Juice
Sliced Apples

**SPRING BREAK!
SCHOOL CLOSED**

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**SPRING BREAK!
SCHOOL CLOSED**

13 Whole Grain Bagel with Cream Cheese
100% Apple Juice
Sliced Oranges

14 Blueberry Muffin
Orange 100% Juice
Sliced Apples

15 Cocoa Puffs Cereal Bar
Orange 100% Juice
Sliced Apples

16 Golden Grahams Cereal
Graham Crackers
Orange 100% Juice
Sliced Apples

17 Brown Sugar Cinnamon Pop Tart
Graham Crackers
100% Apple Juice
Sliced Oranges

20 Whole Grain Bagel with Cream Cheese
100% Apple Juice
Sliced Oranges

21 Chocolate Chip Muffin
100% Apple Juice
Sliced Oranges

22 Cocoa Puffs Cereal Bar
Orange 100% Juice
Sliced Apples

23 Red. Sugar Cocoa Puffs Cereal
Graham Crackers
100% Apple Juice
Sliced Oranges

24 Graham Crackers
Strawberry Pop Tart
Orange 100% Juice
Sliced Apples



27 Whole Grain Bagel with Cream Cheese
100% Apple Juice
Sliced Oranges

28 Blueberry Muffin
Orange 100% Juice
Sliced Apples

29

30

31



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

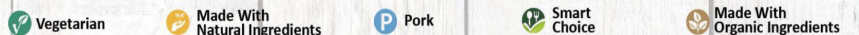
**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Assorted Fruits and 100% Juice included with all meals
Student Breakfast \$0.00
Adult Breakfast \$2.71+tax
For more information
Tom McNay 518-732-4269

Alternate Choices upon Request
Assorted Cereals, Pop Tarts and Cereal Bars all are offered w/cheese string, graham cracker, or yogurt. Variety of warm muffins. All served with fat free Chocolate or low fat milk, assorted juices and fresh fruits. K = Kosher and is available everyday

All Grains are whole grains or whole wheat



Lunch Menu

CASTLETON ELEMENTARY

April 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 Grilled Cheese Sandwich ✓
Mini Blueberry Pancakes
French Toast ✓
Sausage Patty
Crispy Potato Puffs
Green Beans
Diced Peaches

2 Roasted Turkey with Gravy
Corn Bread Stuffing
Beef Hot Dog on Bun
Glazed Carrots
Watermelon Cup

**SPRING BREAK!
SCHOOL CLOSED**

**SPRING BREAK!
SCHOOL CLOSED**



**SPRING BREAK!
SCHOOL CLOSED**

13 Pasta with Meat Sauce 🍝
Crispy Chicken Sandwich
Buttered Corn
Applesauce

14 Walking Taco 🌮
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Pineapple

15 Grilled Cheese Sandwich ✓
Mini Blueberry Pancakes
French Toast ✓
Sausage Patty
Crispy Potato Puffs
Steamed Peas
Diced Peaches

16 Roasted Turkey with Gravy
Corn Bread Stuffing
Beef Hot Dog on Bun
Cucumber Coins
Sliced Oranges

17 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese ✓
Marinara Sauce
Sweet Corn
Diced Pear Cup

20 Homemade Baked Pasta with Cheese ✓
Chicken Nuggets
Broccoli Florets
Apple Slices

21 Walking Taco 🌮
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
OR Strawberry Smoothie ✓
Carrot Dippers
Pineapple

22 Grilled Cheese Sandwich ✓
Mini Blueberry Pancakes
French Toast ✓
Sausage Patty
Crispy Potato Puffs
Green Beans
Diced Peaches

23 Beef Hot Dog on Bun
Cheeseburger
Baked Beans
Roasted Butternut Squash
Fresh Green Grapes

24 Classic Cheese Pizza
Side Salad
Fresh Banana

27 Beef Goulash 🍲
Crispy Chicken Sandwich
Buttered Corn
Applesauce



28 Walking Taco 🌮
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Honeydew and Cantaloupe Cup

29 Grilled Cheese Sandwich ✓
Mini Blueberry Pancakes
French Toast ✓
Sausage Patty
Crispy Potato Puffs
Steamed Carrots
Diced Peaches

30 Roasted Turkey with Gravy
Corn Bread Stuffing
Beef Hot Dog on Bun
Glazed Carrots
Sliced Oranges

A Smoothie is a complete meal with a half cup of fruit, half cup of dairy and Whole. Grain graham crackers

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Prices
Lunch is Free for all Students
Milk \$0.50 Adult \$5.02+tax
Variety of Fruit and Vegetables.
Fruit Cups, Apples, Oranges and Bananas
All Grains are WG
1% White Milk or FF Chocolate
Included with all meals



Lunch Daily Offerings:
Romaine Side Salad W/ Dressing, Fruit, Hot Vegetables of the day
Grab and Go Sandwiches- Turkey and Cheese, PB&J, Cheese Sandwiches all on WG Breads.
Bagel Meal with Cheese Stick and Yogurt. **K = KOSHER**, available every day. **Muffin Meal Lunch includes Yogurt and Cheese Stick**
Garden Salad with Cheese, (offered with WG Rolls). Food Service phone
Tom McNay 518.732.4269

