



The Schodack Central School District provides Continuing Education programs to encourage lifelong active, reflective, and creative learners in our community. We are pleased to offer the following courses for the winter/spring of 2026...

DRIVERS EDUCATION

DMV Five Hour Pre-Licensing with Mackay Driving School

Dates: March 3rd and 5th

Time: 6:00pm to 8:30pm

Location: Maple Hill Jr./Sr. High School, Room 136

Length: 2 evenings

Course Fee: \$60

Instructor: Scott Mackay, Mackay Driving School

Minimum/Maximum Enrollment: 18/36

***Please use the specific registration form available on the Continuing Education webpage.**

This course is required by New York State Department of Motor Vehicles for any individual seeking to take a New York State Road Test. The course covers the state required curriculum. Students must possess a NYS Learner's Permit in order to take this course. Registered individuals will receive a MV-278 certificate at the end to sign up for your road test (valid for one year).

HEALTH & FITNESS

Evening Yoga Flow & Tone

Starts: March 3rd

Ends: May 12th

Time: 6:30pm to 7:30pm

Location: MH Jr./Sr. High School Library

Length: Tuesdays for 10 weeks (no class on April 7)

Course Fee: \$85

Instructor: Jennifer Delaney

Minimum/Maximum Enrollment: 5/23

The focus of these classes will be on strengthening, lengthening, and stretching through a creative series of postures. All classes will consist of meditation, movement and pranayama (breath work) designed to unify the mind and body. Classes will allow you to arrive and enjoy quiet stillness, move the body to burn off excess energy, and wind down to a deeper state of relaxation as you prepare for your evening. All levels and experiences are welcome and modifications will be offered.

**Students required to bring a yoga mat, water and any other props that you find useful (blocks, blanket, pillows).*

Co-Ed Volleyball

Starts: January 4th

Time: 6:00pm to 9:00pm

Location: Maple Hill Jr./Sr. High School Gym

Length: Sundays for 19 weeks, NO play on May 10th

Course Fee: \$133

Coordinator: Anthony Moak

Minimum/Maximum Enrollment: 6/34

Join other intermediate players for an evening of fun and competitive volleyball play. This 19-week program offers no instruction, coaching or officiating; warm-ups and games will be self-monitored. Players should play at an intermediate to advanced-intermediate level to participate and must wear kneepads.

Hall Walkers

Starts: March 2nd

Time: 6:00pm to 9:00pm

Location: District Office Building Hallways

Length: M-F, March 2 – May 8, 2026 (closed April 6-10 due to school vacation)

Fee: FREE, must be pre-registered & obtain ID

*See *MH Hall Walkers Guidelines 2026* for more information.

*An ID badge will be issued to each registered hall walker.

GENERAL INFORMATION AND REGISTRATION

REGISTRATION

Registration is open to all residents of the Schodack Central School District. Nonresidents may enroll in courses only if space is available.

All mailed registration forms are due by February 20, 2026.

Register by Mail

Complete the registration form and a check made out to **Schodack Central School District** and mail both to:

Schodack Central School District
Continuing Education
1477 South Schodack Road, Castleton, NY 12033

Register in Person

- Bring a completed registration form and check to the District Office at 1477 South Schodack Road weekdays between 8am - 4pm.
- Registrations will also be accepted in person at the first night (check preferred). Please call the Continuing Education Coordinator with any questions at 518-732-4982.

REFUNDS

Registration in a class represents a commitment and instructors are hired based on the number of people registered. Therefore, refunds will only be issued if the class is canceled due to insufficient enrollment, if the class is filled to maximum capacity, or injury.

Each class must meet a minimum enrollment. If a course is canceled due to insufficient enrollment, or over-enrollment, you will be notified by phone and/or mail and receive a full refund. The refund will be mailed to you in check form and may take several weeks to process.

SCHOOL CLOSINGS

Continuing Education classes do not meet when school is closed for students.

WEATHER / EMERGENCIES

Classes may be canceled due to weather or other emergencies. **If the District closes the school, Continuing Education classes are also canceled.** Every effort will be made by the class instructors to contact all registered participants. Please be sure to check the district's website, Facebook and Twitter pages for updated information.

SUGGEST A CONTINUING EDUCATION COURSE OR BECOME AN INSTRUCTOR

Do you have a talent, interest or skill that you could share with the community? We are always looking for new course ideas and instructors! If you are interested, please contact the Continuing Education Coordinator for more information at jtedford@schodack.k12.ny.us.