

Breakfast Menu

CASTLETON ELEMENTARY

May 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday



Wednesday



Thursday

Friday

5 Whole Grain Bagel with Cream Cheese 100% Apple Juice Sliced Oranges

6 Chocolate Chip Muffin 100% Apple Juice Sliced Oranges
K

7 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

8 Apple Cinnamon Cheerios Cereal Graham Crackers Orange 100% Juice Sliced Oranges
K

9 Strawberry Pop Tart Graham Crackers Orange 100% Juice Sliced Apples

12 Whole Grain Bagel with Cream Cheese 100% Apple Juice Sliced Oranges

13 Blueberry Muffin Orange 100% Juice Sliced Apples

14 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

15 Golden Grahams Cereal Graham Crackers Orange 100% Juice Sliced Apples

16 Brown Sugar Cinnamon Pop Tart Graham Crackers 100% Apple Juice Sliced Oranges

19 Whole Grain Bagel with Cream Cheese 100% Apple Juice Sliced Oranges

20 Chocolate Chip Muffin 100% Apple Juice Sliced Oranges
K

21 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

22 Red. Sugar Cocoa Puffs Cereal Graham Crackers 100% Apple Juice Sliced Oranges

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

28 Cocoa Puffs Cereal Bar Orange 100% Juice Sliced Apples

29 Golden Grahams Cereal Graham Crackers Orange 100% Juice Sliced Apples

30 Brown Sugar Cinnamon Pop Tart Graham Crackers 100% Apple Juice Sliced Oranges

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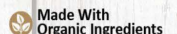
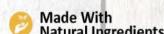
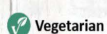
Assorted Fruits and 100% Juice included with all meals

Student Breakfast \$0.00
Adult Breakfast \$2.71+tax
For more information
Tom McNay 518-732-4269

Alternate Choices upon Request

Assorted Cereals, Pop Tarts and Cereal Bars all are offered w/cheese string, graham cracker, or yogurt. Variety of warm muffins. All served with fat free Chocolate or low fat milk, assorted juices and fresh fruits. K = Kosher and is available everyday

All Grains are whole grains or whole wheat



Lunch Menu

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5 Pasta with Meat Beef Sauce 🍷
Dinner Rolls
Crispy Chicken Sandwich
Steamed Peas
Fresh Grapes

6 Walking Taco Turkey Taco Filling Salsa
Black Beans
Romaine Lettuce
Pineapple Cup

7 Beef Cheeseburger
Cinnamon French Toast 🍷
Sausage Patty
Crispy Potato Puffs
Steamed Carrots
Mixed Fruit

8 Chicken Nuggets
Beef Hot Dog on Bun
Sweet Potato Fries
Sautéed Zucchini
Honeydew and Cantaloupe Cup

9 Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 🍷
Baby Carrots
Fresh Banana

BRUNCH FOR LUNCH TODAY!

12 Beef Goulash 🍷
Crispy Chicken Sandwich
Buttered Corn
Applesauce

13 Walking Taco Turkey Taco Filling Salsa
Black Beans
Romaine Lettuce
Diced Peaches

14 Grilled Cheese Sandwich 🍷
Cinnamon French Toast 🍷
Sausage Patty
Crispy Potato Puffs
Steamed Peas
Mixed Fruit

15 Roasted Turkey with Gravy
Beef Hot Dog on Bun
Glazed Carrots
Sliced Oranges

16 Cheesy Stuffed Bread Sticks baked bread sticks filled with melted cheese 🍷
Marinara Sauce
Celery
Roasted Broccoli
Diced Pear Cup

BRUNCH FOR LUNCH TODAY!

19 Homemade Baked Pasta with Cheese 🍷
Crispy Chicken Sandwich
Broccoli Florets
Apple Slices

20 Walking Taco Turkey Taco Filling Salsa
Black Beans
Romaine Lettuce
Carrot Dippers
Diced Peaches

21 Cinnamon French Toast 🍷
Sausage Patty
Grilled Cheese Sandwich Meltdown Café 🍷
Green Beans
Mixed Fruit

22 Beef Hot Dog on Bun
Beef Cheeseburger
Chilled Red Pepper Strips
Baked Beans
Sliced Oranges

SCHOOL CLOSED TODAY

BRUNCH FOR LUNCH TODAY!



SCHOOL CLOSED TODAY

28 Grilled Cheese Sandwich 🍷
Cinnamon French Toast 🍷
Sausage Patty
Crispy Potato Puffs
Steamed Peas
Watermelon Cup

29 Roasted Turkey with Gravy
Beef Hot Dog on Bun
Glazed Carrots
Cucumber Coins
Sliced Oranges

30 Cheesy Stuffed Bread Sticks baked bread sticks filled with melted cheese 🍷
Marinara Sauce
Roasted Butternut Squash
Fresh Banana

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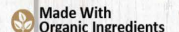
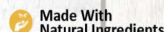
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Prices

Lunch is Free for all Students
Milk \$0.50 Adult \$5.02+tax
Variety of Fruit and Vegetables.
Fruit Cups, Apples, Oranges and Bananas
All Grains are WG
1% White Milk or FF Chocolate
Included with all meals



Lunch Daily Offerings:

Romaine Side Salad W/ Dressing, Fruit, Hot Vegetables of the day
Grab and Go Sandwiches- Turkey and Cheese, PB&J,
Cheese Sandwiches all on WG Breads.
Bagel Meal with Cheese Stick and Yogurt. **K = KOSHER, available every day. Muffin Meal Lunch includes Yogurt and Cheese Stick**
Garden Salad with Cheese, (offered with WG Rolls). Food Service phone
Tom McNay 518.732.4269

Breakfast Menu

Schodack HS

May 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
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Monday

Tuesday

Wednesday

Thursday

Friday

5 Monte Cristo Pancake Sandwich **P**
Sliced Apples
Orange 100% Juice
Ham, Turkey & Cheese on Pancakes with Syrup

6 Mini Blueberry Bash Waffles **V**
Fresh Orange
100% Apple Juice

7 Strawberry Mini Bagel **V**
Sliced Apples
Orange 100% Juice

1 Monte Cristo Pancake Sandwich **P**
Sliced Apples
Orange 100% Juice
Ham, Turkey & Cheese on Pancakes with Syrup


2 Bacon, Egg and Cheese Breakfast Sandwich
Fresh Orange
100% Apple Juice

8 Cinnamon Bun Sticks **V**
Fresh Orange
100% Apple Juice

9 Bacon, Egg and Cheese Breakfast Sandwich
Sliced Apples
Orange 100% Juice

12 Egg and Cheese Sandwich **V**
Fresh Orange
100% Apple Juice

13 Bacon, Egg and Cheese Breakfast Sandwich
Sliced Apples
100% Orange
Tangerine

14 Whole Grain French Toast Slices **V**
Fresh Orange
100% Apple Juice

15 Monte Cristo Pancake Sandwich **P**
Sliced Apples
100% Orange
Tangerine
Ham, Turkey & Cheese on a Pancake with syrup

16 Bacon, Egg and Cheese Breakfast Sandwich
Fresh Orange
100% Apple Juice

19 Breakfast Pizza **P** **GF**
Sliced Apples
Orange 100% Juice
Eggs, Pork Ham, Red Peppers, Mozzarella Cheese Pizza

20 Fluffy Whole Grain Waffles **V**
Fresh Orange
100% Apple Juice

21 Ham, Egg and Cheese Sandwich **P**
Sliced Apples
Orange 100% Juice

22 Cinnamon Bun Sticks **V**
Fresh Orange
100% Apple Juice

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

28 Breakfast Pizza **P** **GF**
Fresh Orange
100% Apple Juice
Eggs, Pork Ham, Red Peppers, Mozzarella Cheese Pizza

29 Cinnamon Bun Sticks **V**
Fresh Orange
100% Apple Juice

30 Bacon, Egg and Cheese Breakfast Sandwich
Sliced Apples
Orange 100% Juice

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Breakfast Prices

Students \$0.00
Adult \$2.71+tax
518-732-4269

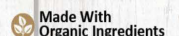
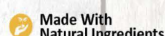
For more information
100% Juice served every day

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Egg Sandwiches ~ Milk and Fruit / Fruit Juices, String Cheese ~ Graham Cracker ~ Yogurt All grains are whole grains or whole wheat, Fat Free Chocolate Milk and 1% White Milk

Meats Served Chicken Sausage, Pork Bacon, Pork Ham

If you have any questions or would like additional information regarding this menu please contact your food service director Tom McMay 518.732.4269



Lunch Menu

Schodack HS

May 2025

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Monday

Tuesday

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5 Wing Shack Honey BBQ Chicken Wings
Crispy Potato Puffs
Roasted Butternut Squash
Sliced Peaches



Grilled Cheese Sandwich
Side Salad
Steamed Peas
Mixed Fruit

19 Homemade Spicy Pork Mac & Cheese
Steamed Peas
Mixed Fruit
This menu item was recommended by your Cafeteria Advisory Committee.

6 Spicy Beef Nachos Grande
Black Beans
Chilled Red Pepper Strips
Fresh Grapes

13 Spicy Beef Walking Taco
Black Beans
Grape Tomatoes
Salsa
Cucumber Coins
Mixed Fruit

20 Spicy Beef Nachos Grande
Black Beans
Grape Tomatoes
Salsa
Mixed Fruit
Chilled Red Pepper Strips



7 General Tso's Chicken
Brown Rice
Cinnamon French Toast
Sausage Patty
Green Beans
Pineapple Cup



14 Chicken Nuggets
Cinnamon French Toast
Sausage Patty
Spinach Salad
Dinner Rolls
Diced Peaches

1 Chicken Bowl with Gravy
Dinner Rolls
Cheeseburger
Oven Baked Fries
Sweet Corn Applesauce

8 Beef Goulash
Cheeseburger
Oven Baked Fries
Steamed Carrots
Watermelon Cup
Shout out to your Cafeteria Advisory Committee.

15 Chicken Bowl with Gravy
Cheeseburger
Sweet Potato Fries
Applesauce

2 Beef Hot Dog on Bun
Pepperoni Pizza
Cheese Pizza
Pepper & Onion Pizza
Chilled Red Pepper Strips
Fresh Banana

9 Beef Hot Dog on Bun
Mozzarella Sticks
Pepperoni Pizza
Cheese Pizza
Side Salad
Steamed Broccoli
Fresh Banana

16 Beef Hot Dog on Bun
Pepperoni Pizza
Cheese Pizza
Steamed Zucchini
Diced Pear Cup

21 Chicken Nuggets
Cinnamon French Toast
Sausage Patty
Crispy Potato Puffs
Honeydew and Cantaloupe Cup

22 Yard Bird Classic Chicken Sandwich
Oven Baked Fries
Applesauce

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

28 General Tso's Chicken
Brown Rice
Cinnamon French Toast
Sausage Patty
Spinach Salad
Diced Peaches

29 Beef Goulash
Cheeseburger
Oven Baked Fries
Steamed Carrots
Watermelon Cup

30 Beef Hot Dog on Bun
Mozzarella Sticks
Pepperoni Pizza
Cheese Pizza
Side Salad
Steamed Broccoli
Fresh Banana

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Student price \$0.00
Adult price \$5.02+tax
Choice of
1% White Milk or
Fat Free Chocolate Milk

Food service phone Tom
McNay 518.732.4269

Daily Lunch Offerings:
Side Salad, Variety Of Pizza (Meat and Vegetable)
Grab and Go Sandwiches - Turkey / P Ham / Buffalo Chicken with or without Cheese on WG Breads, and PBj's All Sausage is Chicken. All Burgers are Beef All Buns are WG
Entree Salads: Chicken Salads, Chef Salads Garden Salads with Cheese (all served with WG Roll) A Variety of Fresh Fruits & Vegetables available Daily.
Grains are whole grains or Whole wheat. Apples, Oranges and Bananas. Yogurt Parfaits with Fruit and Granola.

