

Breakfast Menu

CASTLETON ELEMENTARY

April 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday

Wednesday

Thursday

Friday

1 Blueberry Muffin
Orange 100% Juice
Sliced Apples

2 Cocoa Puffs Cereal Bar
Sliced Oranges
100% Apple Juice

3 Golden Grahams Cereal
Graham Crackers
Orange 100% Juice
Sliced Apples

4 Brown Sugar Cinnamon Pop Tart
Graham Crackers
Orange 100% Juice
Sliced Apples

7 Whole Grain Bagel with Cream Cheese
100% Apple Juice
Sliced Oranges

8 Chocolate Chip Muffin
100% Apple Juice
K Sliced Oranges

9 Cocoa Puffs Cereal Bar
Orange 100% Juice
Sliced Apples

10 Apple Cinnamon Cheerios Cereal
Graham Crackers
100% Apple Juice
Sliced Oranges
K

11 Strawberry Pop Tart
Graham Crackers
Orange 100% Juice
Sliced Apples

**SPRING BREAK!
SCHOOL CLOSED**

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21 Whole Grain Bagel with Cream Cheese
100% Apple Juice
Sliced Oranges

22 Chocolate Chip Muffin
100% Apple Juice
Sliced Oranges
K

23 Cocoa Puffs Cereal Bar
Orange 100% Juice
Sliced Apples

24 Red. Sugar Cocoa Puffs Cereal
Graham Crackers
100% Apple Juice
Sliced Oranges

25 Graham Crackers
Strawberry Pop Tart
Orange 100% Juice
Sliced Apples



28 Whole Grain Bagel with Cream Cheese
100% Apple Juice
Sliced Oranges

29 Blueberry Muffin
Orange 100% Juice
Sliced Apples

30 Cocoa Puffs Cereal Bar
Orange 100% Juice
Sliced Apples



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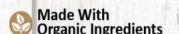
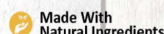
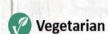
Assorted Fruits and 100% Juice included with all meals

Student Breakfast \$0.00
Adult Breakfast \$2.71+tax
For more information
Tom McNay 518-732-4269

Alternate Choices upon Request

Assorted Cereals, Pop Tarts and Cereal Bars all are offered w/cheese string, graham cracker, or yogurt. Variety of warm muffins. All served with fat free Chocolate or low fat milk, assorted juices and fresh fruits. K = Kosher and is available everyday

All Grains are whole grains or whole wheat



Lunch Menu

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WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
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Monday

Tuesday

Wednesday

Thursday

Friday



1 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Carrot Dippers
Diced Peaches

2 Grilled Cheese Sandwich
Cinnamon French Toast
Sausage Patty
Crispy Potato Puffs
Steamed Peas
Mixed Fruit
BRUNCH FOR LUNCH TODAY!

3 Beef Hot Dog on Bun
Beef Cheeseburger
Baked Beans
Crispy Potato Puffs
Sliced Oranges

4 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Marinara Sauce
Roasted Butternut Squash
Fresh Banana



7 Pasta with Meat Beef Sauce
Dinner Rolls
Crispy Chicken Sandwich
Steamed Peas
Fresh Grapes

8 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Pineapple Cup

9 Beef Cheeseburger
Cinnamon French Toast
Sausage Patty
Crispy Potato Puffs
Steamed Carrots
Mixed Fruit
BRUNCH FOR LUNCH TODAY!

10 Chicken Nuggets
Beef Hot Dog on Bun
Sweet Potato Fries
Sautéed Zucchini
Honeydew and Cantaloupe Cup

11 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese
Baby Carrots
Fresh Banana



SPRING BREAK!
SCHOOL CLOSED

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SCHOOL CLOSED

21 Homemade Baked Pasta with Cheese

Whole Wheat Dinner Roll
Crispy Chicken Sandwich
Broccoli Florets
Apple Slices

22 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Carrot Dippers
Diced Peaches

23 Cinnamon French Toast
Sausage Patty
Grilled Cheese Sandwich Meltdown Café
Green Beans
Mixed Fruit
BRUNCH FOR LUNCH TODAY!

24 Beef Hot Dog on Bun
Beef Cheeseburger
Chilled Red Pepper Strips
Baked Beans
Sliced Oranges

25 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese
Crispy Potato Puffs
Spinach Salad
Fresh Banana

28 Beef Goulash
Whole Wheat Dinner Roll
Crispy Chicken Sandwich
Buttered Corn
Strawberry Cup

29 Walking Taco
Turkey Taco Filling
Salsa
Black Beans
Romaine Lettuce
Fresh Blueberries

30 Grilled Cheese Sandwich
Cinnamon French Toast
Sausage Patty
Crispy Potato Puffs
Steamed Peas
Watermelon Cup

Sausage Patty's on
Wednesday's are Chicken
BRUNCH FOR LUNCH TODAY!



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Prices

Lunch is Free for all Students
Milk \$0.50 Adult \$5.02+tax
Variety of Fruit and Vegetables.
Fruit Cups, Apples, Oranges and Bananas
All Grains are WG
1% White Milk or FF Chocolate
Included with all meals



Lunch Daily Offerings:

















Romaine Side Salad W/ Dressing, Fruit, Hot Vegetables of the day
Grab and Go Sandwiches- Turkey and Cheese, PB&J,
Cheese Sandwiches all on WG Breads.
Bagel Meal with Cheese Stick and Yogurt. **K = KOSHER, available every day. Muffin Meal Lunch includes Yogurt and Cheese Stick**
Garden Salad with Cheese, (offered with WG Rolls). Food Service phone
Tom McNay 518.732.4269

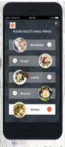
Breakfast Menu

Schodack HS

April 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mini Blueberry Bash Waffles  Fresh Orange 100% Apple Juice	2 Whole Grain French Toast Slices  Fresh Orange 100% Apple Juice	3 Monte Cristo Pancake Sandwich  Sliced Apples Orange 100% Juice <small>Ham, Turkey & Cheese on Pancakes with Syrup</small> 	4 Bacon, Egg and Cheese Breakfast Sandwich Fresh Orange 100% Apple Juice
7 Monte Cristo Pancake Sandwich  Sliced Apples Orange 100% Juice <small>Ham, Turkey & Cheese on Pancakes with Syrup</small>	8 Mini Blueberry Bash Waffles  Fresh Orange 100% Apple Juice	9 Strawberry Mini Bagel  Sliced Apples Orange 100% Juice	10 Cinnamon Bun Sticks  Fresh Orange 100% Apple Juice	11 Bacon, Egg and Cheese Breakfast Sandwich Sliced Apples Orange 100% Juice
SPRING BREAK! SCHOOL CLOSED				
21 Breakfast Pizza   Sliced Apples Orange 100% Juice <small>Eggs, Pork Ham, Red Peppers, Mozzarella Cheese Pizza</small>	22 Fluffy Whole Grain Waffles  Fresh Orange 100% Apple Juice	23 Ham, Egg and Cheese Sandwich  Sliced Apples Orange 100% Juice	24 Cinnamon Bun Sticks  Fresh Orange 100% Apple Juice	25 Bacon, Egg and Cheese Breakfast Sandwich Sliced Apples Orange 100% Juice
28 Ham, Egg and Cheese Sandwich  Sliced Apples Orange 100% Juice	29 Bacon, Egg and Cheese Breakfast Sandwich Sliced Apples Orange 100% Juice	30 Breakfast Pizza   Fresh Orange 100% Apple Juice <small>Eggs, Pork Ham, Red Peppers, Mozzarella Cheese Pizza</small>		



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Breakfast Prices

Students \$0.00
Adult \$2.71+tax
518-732-4269

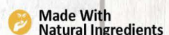
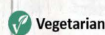
For more information
100% Juice served every day

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Egg Sandwiches ~ Milk and Fruit / Fruit Juices, String Cheese ~ Graham Cracker ~ Yogurt All grains are whole grains or whole wheat, Fat Free Chocolate Milk and 1% White Milk

Meats Served Chicken Sausage, Pork Bacon, Pork Ham

If you have any questions or would like additional information regarding this menu please contact your food service director Tom McNay 518.732.4269



Lunch Menu

Schodack HS

April 2025

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Monday



7 Wing Shack Honey BBQ Chicken Wings
Crispy Potato Puffs
Roasted Butternut Squash
Sliced Peaches

NEW
SPRING BREAK!
SCHOOL CLOSED

Tuesday

1 Spicy Beef 🍖
Nachos Grande 🍌
Black Beans
Salsa
Sweet Potato Fries
Mixed Fruit

8 Spicy Beef 🍖
Nachos Grande 🍌
Black Beans
Chilled Red Pepper Strips
Fresh Grapes

SPRING BREAK!
SCHOOL CLOSED

Wednesday

2 General Tso's Chicken 🍗
Brown Rice
Cinnamon French Toast 🍞
Sausage Patty
Green Beans
Diced Peaches

9 General Tso's Chicken 🍗
Brown Rice
Cinnamon French Toast 🍞
Sausage Patty
Green Beans
Pineapple Cup

SPRING BREAK!
SCHOOL CLOSED

Thursday

3 Chicken Bowl with Gravy 🍗
Dinner Rolls
Cheeseburger
Oven Baked Fries
Sweet Corn
Applesauce

10 Beef Goulash 🍖
Cheeseburger
Oven Baked Fries
Steamed Carrots
Watermelon Cup

SPRING BREAK!
SCHOOL CLOSED

Friday

4 Beef Hot Dog on Bun
Pepperoni Pizza 🍕
Cheese Pizza 🍕
Pepper & Onion Pizza 🍕
Chilled Red Pepper Strips
Fresh Banana

11 Beef Hot Dog on Bun
Mozzarella Sticks 🍕
Pepperoni Pizza 🍕
Cheese Pizza 🍕
Side Salad
Steamed Broccoli
Fresh Banana

SPRING BREAK!
SCHOOL CLOSED

21 Homemade Spicy Pork Mac & Cheese 🍷
Steamed Peas
Mixed Fruit
This menu item was recommended by your Cafeteria Advisory Committee.

22 Spicy Beef 🍖
Nachos Grande 🍌
Black Beans
Grape Tomatoes
Salsa
Mixed Fruit
Chilled Red Pepper Strips

29 Spicy Beef 🍖
Walking Taco
Black Beans
Grape Tomatoes
Salsa
Cucumber Coins
Fresh Blueberries

23 Chicken Nuggets
Whole Wheat Dinner Roll
Cinnamon French Toast 🍞
Sausage Patty
Crispy Potato Puffs
Honeydew and Cantaloupe Cup

30 General Tso's Chicken 🍗
Brown Rice
Cinnamon French Toast 🍞
Sausage Patty
Spinach Salad
Diced Peaches

24 Yard Bird Classic Chicken Sandwich
Oven Baked Fries
Applesauce

25 Beef Hot Dog on Bun
Cheese Pizza 🍕
Pepperoni Pizza 🍕
Broccoli Florets
Side Salad
Strawberry Cup

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Student price \$0.00
Adult price \$5.02+tax
Choice of
1% White Milk or
Fat Free Chocolate Milk

Food service phone Tom
McNay 518.732.4269

Daily Lunch Offerings:

Side Salad, Variety Of Pizza (Meat and Vegetable)
Grab and Go Sandwiches - Turkey / P Ham / Buffalo Chicken with or without Cheese on WG Breads, and PBJ's All Sausage is Chicken. All Burgers are Beef All Buns are WG
Entree Salads: Chicken Salads, Chef Salads Garden Salads with Cheese (all served with WG Roll) A Variety of Fresh Fruits & Vegetables available Daily.
Grains are whole grains or Whole wheat. Apples, Oranges and Bananas. Yogurt Parfaits with Fruit and Granola.

