

















Breakfast Menu

CASTLETON ELEMENTARY

April 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED
8 Strawberry Mini Bagel  1% Milk Fresh Orange 100% Apple Juice	9 Chocolate Chip Muffin  K 1% Milk 100% Apple Juice Fresh Orange	10 Cocoa Puffs Cereal Bar 1% Milk Orange 100% Juice Sliced Apples	11 Graham Crackers 1% Milk K Fresh Orange 100% Apple Juice	12 Strawberry Pop Tart Graham Crackers 1% Milk Orange 100% Juice Sliced Apples
15 Strawberry Mini Bagel  1% Milk Fresh Orange 100% Apple Juice	16 Blueberry Muffin  K 1% Milk Orange 100% Juice Sliced Apples	17 Cocoa Puffs Cereal Bar 1% Milk Orange 100% Juice Sliced Apples 100% Apple Juice	18 Golden Grahams Cereal  K Graham Crackers 1% Milk Orange 100% Juice Sliced Apples	19 Brown Sugar Cinnamon Pop Tart Graham Crackers 1% Milk Fresh Orange 100% Apple Juice
22 Strawberry Mini Bagel  1% Milk Fresh Orange 100% Apple Juice	23 Chocolate Chip Muffin  K 1% Milk Fresh Orange 100% Apple Juice	24 Cocoa Puffs Cereal Bar 1% Milk Orange 100% Juice Sliced Apples	25 Red. Sugar Cocoa Puffs Cereal  Graham Crackers 1% Milk Fresh Orange 100% Apple Juice	26 Graham Crackers Strawberry Pop Tart 1% Milk Orange 100% Juice Sliced Apples
29 Strawberry Mini Bagel  1% Milk Fresh Orange 100% Apple Juice	30 Blueberry Muffin  K 1% Milk Orange 100% Juice Sliced Apples	     		



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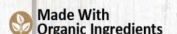
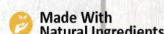
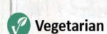
civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Assorted Fruits and 100% Juice included with all meals

Student Breakfast \$0.00
Adult Breakfast \$2.71+tax
For more information
518-732-4269

Available Daily

Assorted Cereals, Pop Tarts and Cereal Bars all are offered w/cheese string, graham cracker, or yogurt. Variety of warm muffins. All served with fat free or low fat milk, assorted juices and fresh fruits.





















Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED	SPRING BREAK! SCHOOL CLOSED
8 Fluffy Whole Grain Pancakes  Sausage Patty Syrup Crispy Chicken Sandwich Steamed Peas Applesauce	9 Walking Taco Spicy Beef  Salsa Black Beans Diced Peaches	10 Cheeseburger Cinnamon French Toast  Sausage Patty Crispy Potato Puffs Steamed Carrots Mixed Fruit	11 Chicken Nuggets Dinner Rolls Beef Hot Dog on Bun Baked Beans Celery Strawberry Cup	12 Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese  Baby Carrots Fresh Banana
15 Beef Goulash  Whole Wheat Dinner Roll Crispy Chicken Sandwich Buttered Corn Applesauce	16 Nachos Grande Walking Taco Spicy Beef  Salsa Black Beans Diced Peaches	17 Grilled Cheese Sandwich  Cinnamon French Toast  Sausage Patty Crispy Potato Puffs Steamed Peas Mixed Fruit	18 Roasted Turkey with Gravy Whole Wheat Dinner Roll Beef Hot Dog on Bun Glazed Carrots Strawberry Cup	19 Cheesy Stuffed Bread Sticks baked bread sticks filled with melted cheese  Marinara Sauce Dip Baby Carrots Fresh Banana
22 Homemade Baked Pasta with Cheese   Whole Wheat Dinner Roll Crispy Chicken Sandwich Broccoli Florets Fresh NY Local Apple	23 Walking Taco Spicy Beef  Three Vegetable Medley Carrot Dippers Diced Peach Cup	24 Cinnamon French Toast  Sausage Patty Grilled Cheese Sandwich  Green Beans Crispy Potato Puffs Mixed Fruit	25 Beef Hot Dog on Bun Cheeseburger Chilled Red Pepper Strips Baked Beans Fresh Orange	26 Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese  Fresh Banana Baby Carrots
29 Fluffy Whole Grain Pancakes  Sausage Patty Syrup Crispy Chicken Sandwich Green Beans Baby Carrots Applesauce	30 Nachos Grande Walking Taco Spicy Beef  Salsa Black Beans Diced Peaches	 <p>K = Kosher and is available everyday</p>		



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Prices

Lunch is Free for all Students

Milk \$0.50 Adult \$5.02+tax

Variety of Fruit and Vegetables.

Fruit Cups, Apples, Oranges and Bananas

All Grains are WG

1% White Milk or FF Chocolate

Included with all meals

Lunch Daily Offerings:

Romaine Side Salad W/ Dressing, Fruit, Hot Vegetables of the day

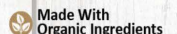
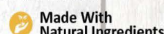
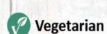
Grab and Go Sandwiches~ Turkey and Cheese, PB&J,

Cheese Sandwiches all on WG Breads.

Bagel Meal with Cheese Stick and Yogurt. **K Muffin Meal Lunch**

includes Yogurt and Cheese Stick

Garden Salad with Cheese, (offered with WG Rolls).



Breakfast Menu

Schodack HS

April 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

**SPRING
BREAK!
SCHOOL
CLOSED**

**SPRING
BREAK!
SCHOOL
CLOSED**

**SPRING
BREAK!
SCHOOL
CLOSED**

**SPRING
BREAK!
SCHOOL
CLOSED**

**SPRING
BREAK!
SCHOOL
CLOSED**

8 Bacon, Egg and Cheese Breakfast Sandwich
1% Milk
Fat Free Chocolate Milk
Sliced Apples
100% Orange
Tangerine Juice
P

9 Scrambled Eggs with Cheese
Toast
1% Milk
Fat Free Chocolate Milk
Fresh Orange
100% Apple Juice

10 Sausage, Egg and Cheese Sandwich
1% Milk
Fat Free Chocolate Milk
Sliced Apples
100% Orange
Tangerine Juice

11 Cinnamon Bun Sticks
1% Milk
Fat Free Chocolate Milk
Fresh Orange
100% Apple Juice

12 Bacon, Egg and Cheese Breakfast Sandwich
1% Milk
Fat Free Chocolate Milk
Sliced Apples
100% Orange
Tangerine Juice
P

15 Egg and Cheese Sandwich
1% Milk
Fat Free Chocolate Milk
Fresh Orange
100% Apple Juice

16 Bacon, Egg and Cheese Breakfast Sandwich
Fat Free Chocolate Milk
1% Milk
Sliced Apples
100% Orange
Tangerine
P

17 Whole Grain French Toast Slices
Fat Free Chocolate Milk
1% Milk
Fresh Orange
100% Apple Juice

18 Scrambled Eggs with Cheese
Toast
Fat Free Chocolate Milk
1% Milk
Sliced Apples
100% Orange
Tangerine Juice

19 Sausage, Egg and Cheese Sandwich
Fat Free Chocolate Milk
1% Milk
Fresh Orange
100% Apple Juice

22 Bacon, Egg and Cheese Breakfast Sandwich
Fat Free Chocolate Milk
1% Milk
Sliced Apples
100% Orange
Tangerine Juice
P

23 Fluffy Whole Grain Waffles
Fat Free Chocolate Milk
1% Milk
Fresh Orange
100% Apple Juice

24 Ham, Egg and Cheese Sandwich
Fat Free Chocolate Milk
1% Milk
Sliced Apples
100% Orange
Tangerine Juice
P

25 Cinnamon Bun Sticks
Fat Free Chocolate Milk
1% Milk
Fresh Orange
100% Apple Juice

26 Sausage, Egg and Cheese Sandwich
Fat Free Chocolate Milk
1% Milk
Sliced Apples
100% Orange
Tangerine

29 Egg and Cheese Sandwich
Fat Free Chocolate Milk
1% Milk
Fresh Orange
100% Apple Juice

30 Bacon, Egg and Cheese Breakfast Sandwich
Fat Free Chocolate Milk
1% Milk
Sliced Apples
100% Orange
Tangerine
P

Meats served
Turkey Sausage
Pork Bacon
Pork Ham

P = Pork

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Breakfast Prices

Students \$0.00

Adult \$2.71+tax

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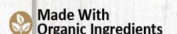
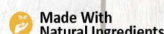
For more information

100% Juice served every day

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Egg Sandwiches ~ Milk andFruit / Fruit Juices, String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service director



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8 Mini Blueberry Bash Waffles Sausage Patty Syrup Roasted Butternut Squash Side Salad Strawberry Cup	9 Spicy Beef Nachos Grande Black Beans Chilled Red Pepper Strips Mixed Fruit WG Chips	10 General Tso's Chicken Brown Rice Cinnamon French Toast Sausage Patty Green Beans Diced Peaches	11 Cheese Steak Sandwich Cheeseburger Oven Baked Fries Steamed Carrots Applesauce Both menu items are Beef	12 Mozzarella Sticks Pepperoni Pizza Cheese Pizza Side Salad Chilled Red Pepper Strips Fresh Banana
15 Grilled Cheese Sandwich Side Salad Steamed Peas Strawberry Cup	16 Spicy Beef Walking Taco Black Beans Grape Tomatoes Salsa Mixed Fruit Chilled Red Pepper Strips WG Chips	17 Cinnamon French Toast Sausage Patty Dinner Rolls Green Beans Diced Peaches	18 Chicken Bowl with Gravy Dinner Rolls Cheeseburger Oven Baked Fries Applesauce Chilled Red Pepper Strips	19 Cheesy Stuffed Bread Sticks Marinara Sauce Dip Pepperoni Pizza Cheese Pizza Chilled Red Pepper Strips Diced Pear Cup
22 Grilled Cheese Sandwich Steamed Peas Side Salad Strawberry Cup	23 Spicy Beef Nachos Grande Black Beans Grape Tomatoes Salsa Mixed Fruit Chilled Red Pepper Strips WG Chips	24 Chicken Nuggets Whole Wheat Dinner Roll Cinnamon French Toast Sausage Patty Crispy Potato Puffs Diced Peaches	25 Yard Bird Classic Chicken Sandwich Oven Baked Fries Steamed Carrots Applesauce YARD BIRD The Original Chicken Sandwich	26 Cheese Pizza Pepperoni Pizza Side Salad Strawberry Cup
29 Mini Blueberry Bash Waffles Sausage Patty Syrup Strawberry Cup Oven Baked Fries Baked Beans Diced Pear Cup	30 Spicy Beef Walking Taco Fiesta Corn Black Beans Salsa Grape Tomatoes Mixed Fruit WG Chips	<p>Fresh Fruits and Vegetables available daily. Toss side salad, Carrot Celery sticks, Apples, Oranges & Bananas</p>		

P = Pork



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Student price \$0.00
Adult price \$5.02+tax
Choice of
1% White Milk or
Fat Free Chocolate Milk

Daily Lunch Offerings:

Side Salad, Variety Of Pizza (Meat and Vegetable)
Grab and Go Sandwiches ~ Turkey / P Ham / Buffalo Chicken with or without Cheese on WG Breads, and PBJ's
Entree Salads: Chicken Salads, Chef Salads Garden Salads with Cheese (all served with WG Roll) A Variety of Fresh Fruits & Vegetables available Daily. Apples, Oranges and Bananas. Yogurt Parfaits with Fruit and Granola.

