



Welcome to our Breakfast Cafe

Schodack HS

April 2023



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggabols promotion.



THE HUMANE SOCIETY OF THE UNITED STATES

Monday	Tuesday	Wednesday	Thursday	Friday
3 Egg and Cheese Sandwich 100% Apple Juice ✓ 1% Milk Fat Free Milk	4 Bacon, Egg and Cheese Breakfast Sandwich 100% Apple Juice 1% Milk Fat Free Milk	5 Whole Grain French Toast Slices 100% Apple Juice ✓ 1% Milk Fat Free Milk	6 Ham, Egg and Cheese Sandwich 100% Apple Juice P 1% Milk	7 SPRING BREAK! SCHOOL CLOSED
10 SPRING BREAK! SCHOOL CLOSED	11 SPRING BREAK! SCHOOL CLOSED	12 SPRING BREAK! SCHOOL CLOSED	13 SPRING BREAK! SCHOOL CLOSED	14 SPRING BREAK! SCHOOL CLOSED
17 Egg and Cheese Sandwich 100% Apple Juice ✓ 1% Milk Fat Free Milk	18 Bacon, Egg and Cheese Breakfast Sandwich 100% Apple Juice 1% Milk Fat Free Milk	19 Whole Grain French Toast Slices 100% Apple Juice ✓ 1% Milk Fat Free Milk	20 Scrambled Eggs with Cheese ✓ Toast ✓ 100% Apple Juice 1% Milk Fat Free Milk	21 Chicken Sausage Pancake Bites 100% Apple Juice 1% Milk Fat Free Milk
24 Bacon, Egg and Cheese Breakfast Sandwich 100% Apple Juice 1% Milk Fat Free Milk	25 Fluffy Whole Grain Waffles ✓ 100% Apple Juice 1% Milk Fat Free Milk	26 Ham, Egg and Cheese Sandwich P 100% Apple Juice 1% Milk Fat Free Milk	27 Cinnamon Bun Sticks ✓ 100% Apple Juice 1% Milk Fat Free Milk	28 Sausage, Egg and Cheese Sandwich 100% Apple Juice ✓ 1% Milk Fat Free Milk



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Breakfast \$1.55
Adult \$2.71+tax
518.732.4269
For more information

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins ~ Bagels ~ Egg Sandwiches ~ Milk and Fruit / Fruit Juices, String Cheese ~ Graham Cracker ~ Yogurt
If you have any questions or would like additional information regarding this menu please contact your food service director

