



Welcome to our Breakfast Cafe

CASTLETON ELEMENTARY




April 2023



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggabols promotion.



THE HUMANE SOCIETY OF THE UNITED STATES

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole Grain Bagel with Cream Cheese 100% Apple Juice Fat Free Milk 1% Milk 	4 WG Blueberry Muffin 100% Apple Juice Fat Free Milk 1% Milk	5 100% Apple Juice Fat Free Milk 1% Milk Egg and Cheese Sandwich 	6 Reduced Sugar Trix Graham Crackers 100% Apple Juice Fat Free Milk 1% Milk	7 SPRING BREAK! SCHOOL CLOSED
10 SPRING BREAK! SCHOOL CLOSED	11 SPRING BREAK! SCHOOL CLOSED	12 SPRING BREAK! SCHOOL CLOSED	13 SPRING BREAK! SCHOOL CLOSED	14 SPRING BREAK! SCHOOL CLOSED
17 Whole Grain Bagel with Cream Cheese 100% Apple Juice Fat Free Milk 1% Milk	18 WG Chocolate Chip Muffin 100% Apple Juice Fat Free Milk 1% Milk	19 100% Apple Juice Fat Free Milk 1% Milk Egg and Cheese Sandwich	20 Golden Grahams Cereal Graham Crackers 100% Apple Juice Fat Free Milk 1% Milk	21 Strawberry Pop Tart Graham Crackers 100% Apple Juice Fat Free Milk 1% Milk
24 Whole Grain Bagel with Cream Cheese 100% Apple Juice Fat Free Milk 1% Milk	25 WG Blueberry Muffin 100% Apple Juice Fat Free Milk 1% Milk	26 Maple Mini Waffles 100% Apple Juice Fat Free Milk 1% Milk 	27 Red. Sugar Cocoa Puffs Cereal Graham Crackers 100% Apple Juice Fat Free Milk 1% Milk	28 Cinnamon Bun Sticks 100% Apple Juice Fat Free Milk 1% Milk



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Breakfast \$1.55

Adult \$2.71+tax

518.732.4269

For more information

Available Daily

Assorted Cereals, Pop Tarts and Cereal Bars all are offered w/cheese string, graham cracker, or yogurt. Variety of warm muffins. All served with fat free or low fat milk, assorted juices and fresh fruits.

