




Maple Hill Jr. Sr. High School
June 2022
Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	2 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	3 French Toast and Sausage Chilled Fruit Assorted 100% Juice
6 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	7 Assorted Muffins Chilled Fruit Assorted 100% Juice	8 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	9 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	10 French Toast and Sausage Chilled Fruit Assorted 100% Juice
13 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	14 Assorted Muffins Chilled Fruit Assorted 100% Juice	15 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	16 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	17 French Toast and Sausage Chilled Fruit Assorted 100% Juice
20 Juneteenth Observed District Closed	21 Assorted Muffins Chilled Fruit Assorted 100% Juice	22 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	23	24
		 Download Nutrislice for free in the Apple store. Then click on menu items for more information	 <i>serving up happy & healthy</i>	

This institution is an equal opportunity provider and employer



Alternate Breakfast Available Daily

Assorted Muffins, Bagels, Cereal Bowls, Yogurt Parfaits
We offer a variety of kid-friendly cereal choices. All cereal is whole grain.

Offered w/ Featured Fruit or Juice Sides
AND Choice of Skim, 1% or Fat Free Flavored Milk

* All grain items made with whole grain WG

A full student breakfast includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate

Questions?
Please call Tom 518-732-4269