Maple Hill Jr. Sr. High School
March 2021
Breakfast Menu

SIMPLY GOOD breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
1 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	2 Assorted Muffins Chilled Fruit Assorted 100% Juice	3 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	4 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	5 French Toast and Sausage Chilled Fruit Assorted 100% Juice
8 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	9 Assorted Muffins Chilled Fruit Assorted 100% Juice	10 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	11 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	12 French Toast and Sausage Chilled Fruit Assorted 100% Juice
15 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	16 Assorted Muffins Chilled Fruit Assorted 100% Juice	17 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	18 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	19 French Toast and Sausage Chilled Fruit Assorted 100% Juice
22 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	23 Assorted Muffins Chilled Fruit Assorted 100% Juice	24 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	25 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	26 French Toast and Sausage Chilled Fruit Assorted 100% Juice
29 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	30 Assorted Muffins Chilled Fruit Assorted 100% Juice	31 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	chartwells serving up happy & healthy MAPLE HILL JR/SR HIGH SCHOOL	***BREAKFAST AND LUNCH ARE FREE FOR THE REMAINDER OF THE SCHOOL YEAR***

This institution is an equal opportunity provider and employer

Alternate Breakfast Available Daily

Assorted Muffins, Bagels, Cereal Bowls, Yogurt Parfaits
We offer a variety of kid-friendly cereal choices. All cereal is whole grain.

Offered w/ Featured Fruit or Juice Sides
AND Choice of Skim, 1% or Fat Free Flavored Milk

* All grain items made with whole grain WG

A full student breakfast includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate

Questions?
Please call Tom 518-732-4269