

Maple Hill Jr. Sr. High School
January 2021
Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
4	5 Assorted Muffins Chilled Fruit Assorted 100% Juice	6 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	7 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	8 French Toast and Sausage Chilled Fruit Assorted 100% Juice
11 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	12 Assorted Muffins Chilled Fruit Assorted 100% Juice	13 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	14 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	15 French Toast and Sausage Chilled Fruit Assorted 100% Juice
18 Martin Luther King Jr. Day District Closed	19 Assorted Muffins Chilled Fruit Assorted 100% Juice	20 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	21 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	22 French Toast and Sausage Chilled Fruit Assorted 100% Juice
25 Egg and Sausage on a WG English Muffin Chilled Fruit Assorted 100% Juice	26 Assorted Muffins Chilled Fruit Assorted 100% Juice	27 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	28 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	29 French Toast and Sausage Chilled Fruit Assorted 100% Juice
		chartwells serving up happy & healthy	MAPLE HILL JR./SR. HIGH SCHOOL	BREAKFAST AND LUNCH ARE FREE FOR THE REMAINDER OF THE SCHOOL YEAR

This institution is an equal opportunity provider and employer



Alternate Breakfast Available Daily

Assorted Muffins, Bagels, Cereal Bowls, Yogurt Parfaits
We offer a variety of kid-friendly cereal choices. All cereal is whole grain.

Offered w/ Featured Fruit or Juice Sides
AND Choice of Skim, 1% or Fat Free Flavored Milk

* All grain items made with whole grain WG

A full student breakfast
includes a choice of entrée,
fruit/vegetable side dishes, and
a choice of milk. Milk choices
include 1% white, skim white,
skim chocolate

Questions?
Please call Tom 518-732-4269