

**September 2019  
LUNCH  
Maple Hill Jr. Sr. High School**

Whole Grain Bread, Dinner Rolls and Buns served with all meals

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Hot Lunch Entrées</b> Lunch price \$2.85 Reduced price \$0.25</p>				<p>5 (A) Chicken Strips with General Tso's sauce Golden Corn Fortune Cookie Fresh or Chilled Fruit</p>	<p>6 (B) Honey Baked Chicken Broccoli Fresh or Chilled Fruit</p>
	<p>9 (C) Sloppy Joe Broccoli Fresh or Chilled Fruit</p>	<p>10 (D) Spaghetti &amp; Meat Sauce Green Beans Fresh or Chilled Fruit</p>	<p>11 (A) Sweet &amp; Sour Chicken Strips Brown Rice Stir Fry Veggies Fresh or Chilled Fruit</p>	<p>12 (B) Macaroni &amp; Cheese Green Beans Fresh or Chilled Fruit</p>	<p>13 (C) Chicken Alfredo and Bowtie Noodles Broccoli Fresh or Chilled Fruit</p>
<p>Prepay online. See the district cafeteria page for the Myschoolbucks icon. Click and go, It's real easy to use. Call Tom if you need your student ID number. 732.4269</p>	<p>16 (D) BBQ Pulled Chicken on a Whole Grain Bun Cole Slaw Chilled or Fresh Fruit</p>	<p>17 (A) Cheeseburger Whole Grain Bun Baked Fries Fresh or Chilled Fruit</p>	<p>18 (B) Chicken Teriyaki Stir Fry Mixed Vegetables Fortune Cookie</p>	<p>19 (C) Popcorn Chicken Green Beans Garlic Bread Fresh or Chilled Fruit</p>	<p>20 (D) Chicken Patty Fries Pepper Strips Fresh or Chilled Fruit</p>
<p><b>Prepay 20 Lunches at \$57.00 and get a FREE Bonus Meal</b> <b>Check payable to SCSD</b></p>	<p>23 (A) Meatball Sub Zucchini Carrots Chilled or Fresh Fruit</p>	<p>24 (B) Honey Baked Chicken Broccoli Fresh or Chilled Fruit</p>	<p>25 (C) Cheeseburger Whole Grain Bun Baked Fries Fresh or Chilled Fruit</p>	<p>26 (D) Chicken Strips with General Tso's Sauce Golden Corn Fresh or Chilled Fruit</p>	<p>27 (A) Chicken Alfredo and Bowtie Noodles Broccoli Fresh or Chilled Fruit</p>
<p><b>NOW OPEN SANDWICHES, WRAPS, AND SALADS MADE TO ORDER</b></p> <p><b>SO DELI</b></p>	<p>30 (B) Spaghetti &amp; Meat Sauce Peas Fresh or Chilled Fruit</p>				
<p><b>ON THE GO</b> Take-out Items and other choices.</p> <hr/> <p><b>EXTRA! EXTRA!</b></p> <p>*Fruit and Vegetable Choices.</p> <hr/> <p><b>2 mato</b> Homemade Pizza Choice.</p> <hr/> <p><b>grill'd</b> Burger and Chicken Choices</p>	<p>Cheese Pizza Broccoli Pizza <b>Chicken Nuggets</b> Cheeseburger Turkey Sandwich PB&amp;J Club Sandwich Ham Sandwich Buffalo Chicken Wrap Buffalo Chicken Salad Veggie Plate in a Box *Chilled Fruit *Hot or Cold Vegetable *Fresh Fruit *Chilled Black Bean Salad</p>	<p>Cheese Pizza Pepperoni Pizza <b>Taco Salad</b> Cheeseburger Turkey Sandwich PB&amp;J Club Sandwich Ham Sandwich Buffalo Chicken Wrap Buffalo Chicken Salad *Chilled Fruit *Hot or Cold Vegetable *Fresh Fruit *Chick Pea Salad</p>	<p>Cheese Pizza Veggie Pizza <b>Chicken Bowl</b> Cheeseburger Turkey Sandwich PB&amp;J Club Sandwich Ham Sandwich Buffalo Chicken Wrap Buffalo Chicken Salad Veggie Plate in a Box *Chilled Fruit *Hot or Cold Vegetable *Fresh Fruit *Chilled Black Bean Salad</p>	<p>Cheese Pizza BBQ Chicken Pizza <b>Italian Dippers</b> Cheeseburger Turkey Sandwich PB&amp;J Club Sandwich Ham Sandwich Buffalo Chicken Wrap Caesar Chicken *Chilled Fruit *Hot or Cold Vegetable *Fresh Fruit *Chick Pea Salad</p>	<p>Buffalo Chicken Pizza <b>Cheese Pizza</b> Cheeseburger Chicken Nuggets Turkey Sandwich PB&amp;J Club Sandwich Ham Sandwich Buffalo Chicken Wrap Buffalo Chicken Salad Veggie Plate in a Box *Chilled Fruit *Hot or Cold Vegetable *Fresh Fruit *Chilled Black Bean Salad</p>

A Hot & Cold Vegetable and Fruit Bar and assorted Milk choices are included with Lunch  
This institution is an equal opportunity provider and employer