

Maple Hill Jr. Sr. High School
September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast \$1.25 Reduced Breakfast .25		5 (A) Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	6 (B) Pancake and Sausage Stick Chilled Fruit Assorted 100% Juice
9 (C) Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	10 (D) Whole Grain Breakfast Pizza Chilled Fruit Assorted 100% Juice	11 (A) Whole Grain Pancakes Chilled Fruit Assorted 100% Juice	12 (B) Egg and Cheddar and Toast Chilled Fruit Assorted 100% Juice	13 (C) Waffles Chilled Fruit Assorted 100% Juice
16 (D) Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	17 (A) Whole Grain Breakfast Pizza Chilled Fruit Assorted 100% Juice	18 (B) Whole Grain Pancakes Chilled Fruit Assorted 100% Juice	19 (C) Egg and Cheddar and Toast Chilled Fruit Assorted 100% Juice	20 (D) Pancake and Sausage Stick Chilled Fruit Assorted 100% Juice
23 (A) Egg and Sausage on a Whole Grain English Muffin Chilled Fruit Assorted 100% Juice	24 (B) Whole Grain Breakfast Pizza Chilled Fruit Assorted 100% Juice	25 (C) Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	26 (D) Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	27 (A) Waffles Chilled Fruit Assorted 100% Juice
30 (B) Egg and Sausage on a Kaiser Roll Chilled Fruit Assorted 100% Juice				

This institution is an equal opportunity provider and employer



Alternate Breakfast Available Daily

Assorted Muffins, Bagels, Cereal Bowls, Yogurt Parfaits
 We offer a variety of kid-friendly cereal choices. All cereal is whole grain.

Offered w/ Featured Fruit or Juice Sides
 AND Choice of Skim, 1% or Fat Free Flavored Milk

* All grain items made with whole grain WG

A full student breakfast includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate

Questions?
 Please call Tom 518-732-4269