




September 2019
Castleton
Elementary Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Student Lunch is \$2.75 Snack Milk is .50</p>				<p>5 Italian Dippers Green Beans Fresh or Chilled Fruit</p>	<p>6 Chicken Patty on a Whole Grain Bun BBQ Style Baked Beans Fresh or Chilled Fruit</p>
<p>Prepay 20 Lunches at \$55.00 and get a FREE Bonus Meal</p>	<p>9 Grilled Ham and Cheese on a Bagel Broccoli Fresh or Chilled Fruit</p>	<p>10 Chicken Parmesan Whole Grain Bun Green Beans Fresh or Chilled Fruit</p>	<p>11 Chicken & Cheese Whole Grain Quesadilla Carrots Black Bean Salad Fresh or Chilled Fruit</p>	<p>12 Popcorn Chicken Baked Beans Golden Corn Fresh or Chilled Fruit</p>	<p>13 Cheeseburger Whole Grain Bun Baked Fries Fresh or Chilled Fruit</p>
<p>Prepay online. See the district cafeteria page for the Myschoolbucks icon. Click and go, it's real easy to use. Call Tom if you need your student ID number. 732.4269</p>	<p>16 Meatball Sub Whole Grain Roll Carrots Chilled or Fresh Fruit</p>	<p>17 Whole Grain Spaghetti & Meat Sauce Broccoli Fresh or Chilled Fruit</p>	<p>18 Sweet & Sour Chicken Brown Rice Stir Fry Mixed Veggies Fresh or Chilled Fruit</p>	<p>19 Italian Dippers Green Beans Fresh or Chilled Fruit</p>	<p>20 Chicken Patty on a Whole Grain Bun BBQ Style Baked Beans Fresh or Chilled Fruit</p>
<p>Please make all checks payable to SCSD</p>	<p>23 Grilled Ham and Cheese on a Bagel Broccoli Fresh or Chilled Fruit</p>	<p>24 Macaroni & Cheese Green Beans Whole Grain Dinner Rolls Fresh or Chilled Fruit</p>	<p>25 Chicken Quesadilla Celery and Carrot Sticks Fresh or Chilled Fruit</p>	<p>26 Popcorn Chicken Baked Beans Golden Corn Fresh or Chilled Fruit</p>	<p>27 Toasted Cheese Steamed Carrots Fresh or Chilled Fruit</p>
	<p>30 Sweet & Sour Chicken Brown Rice Stir Fry Veggies Fresh or Chilled Fruit</p>				
<p>2nd Choice Hot Lunch Sandwiches Assorted Fun Lunch</p>	<p>Whole Grain Chicken Nuggets Yogurt & Cheese Fun Lunch or Bag Pizza Fun Lunch PB&J Ham or Turkey & Cheese Sandwich</p>	<p>Taco Salad Whole Grain Chips Yogurt & Cheese Fun Lunch or Bag Cereal Fun Lunch PB&J Ham or Turkey & Cheese Sandwich</p>	<p>Breakfast for Lunch Whole Grain Waffles or Pancakes Yogurt & Cheese Fun Lunch or Bag Egg & Cheese Fun Lunch PB&J Ham or Turkey & Cheese Sandwich</p>	<p>Hot Dog Whole Grain Bun Yogurt & Cheese Fun Lunch or Bag Nacho & Cheese Fun Lunch PB&J Ham or Turkey & Cheese Sandwich</p>	<p>Whole Grain Cheese Pizza Yogurt & Cheese Fun Lunch or Bag Whole Grain Muffin Fun Lunch PB&J Ham or Turkey & Cheese Sandwich</p>
	<p>Choose with any Meal: Assorted Fresh Vegetables Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Choose with any Meal: Assorted Fresh Vegetables Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Choose with any Meal: Assorted Fresh Vegetables Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Choose with any Meal: Assorted Fresh Vegetables Assorted Fresh Fruit Assorted Chilled Fruit</p>	<p>Choose with any Meal: Assorted Fresh Vegetables Assorted Fresh Fruit Assorted Chilled Fruit</p>