

**Castleton Elementary School
September 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast \$1.25 Reduced Breakfast .25		5 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	6 Pancake and Sausage Stick Chilled Fruit Assorted 100% Juice
9 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	10 Assorted Muffins Chilled Fruit Assorted 100% Juice	11 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	12 Egg and Cheddar and Toast Chilled Fruit Assorted 100% Juice	13 Waffles Chilled Fruit Assorted 100% Juice
16 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	17 Whole Grain Breakfast Pizza Chilled Fruit Assorted 100% Juice	18 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	19 Egg and Cheddar and Toast Chilled Fruit Assorted 100% Juice	20 Pancake and Sausage Stick Chilled Fruit Assorted 100% Juice
23 Egg and Sausage on a Whole Grain English Muffin Chilled Fruit Assorted 100% Juice	24 Assorted Muffins Chilled Fruit Assorted 100% Juice	25 Egg and Cheese Wrap Chilled Fruit Assorted 100% Juice	26 Assorted Whole Grain Bagels Chilled Fruit Assorted 100% Juice	27 Waffles Chilled Fruit Assorted 100% Juice
30 Egg and Sausage on a Kaiser Roll Chilled Fruit Assorted 100% Juice				

This institution is an equal opportunity provider and employer



Alternate Breakfast Available Daily
Assorted Muffins, Bagels, Cereal Bowls, Yogurt Parfaits
We offer a variety of kid-friendly cereal choices. All cereal is whole grain.
Offered w/ Featured Fruit or Juice Sides
AND Choice of Skim, 1% or Fat Free Flavored Milk
* All grain items made with whole grain WG

A full student breakfast includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate
Questions?
Please call Tom 518-732-4269