



MAPLE HILL SPORTS ACADEMY

SUMMER 2019



OUR MISSION

The goal for these camps is to teach fundamental skills of each sport in an atmosphere that is both fun and safe. While we want our players to compete against one another each day, it is our philosophy that individual development is the key to success. In addition to player development, we will stress team play, sportsmanship and learning skills.

We believe that all sports should be about hard work, personal and team growth, discipline and most importantly, fun. With these concepts in mind, we can work to develop student athletes who are winners in the truest sense.

CAMPS

HOOPS AT THE HILL BASKETBALL CAMP

June 27, 28, July 1 - 3

Grades 3 - 9

\$150.00

Instruction will be led by Coach Scott Hanrahan and Coach Kolby Flach. Between the two of them, they have over 30 years of experience in running and working at basketball camps. They will be joined by other area coaches and players. We are confident that your experience will be both fun and rewarding.

CAMP CANONICA BASEBALL CAMP

July 8 - 12

Grades 3 - 9

\$150.00

Camp Canonica will be under the direction of current Varsity Coach Rico Frese, the Maple Hill Baseball staff as well as current and former Maple Hill players. Coach Frese has worked various sports camps for close to 30 years. It is our goal that each camper is a better baseball player by the end of the week.

RAISING A RACQUET TENNIS CAMP

August 5 - 9 (half-day camp)

Grades 3 - 9

\$ 75.00

Raising a Racquet tennis camp will provide all participants with a foundation of tennis knowledge and skills to promote a lifelong enthusiasm for the game. Campers will have the opportunity to acquire, develop and enhance their skills through age appropriate activities taught by Maple Hill tennis coaches as well as current and former players. Tennis camp will allow players of all skill levels to have fun, gain confidence and enjoy the game of tennis. Some equipment will be available for our newest learners to use.

WILDCATS RUNNING CAMP

August 5 - 9 (half-day camp)

Grades 7 - 12

\$ 75.00

This camp will help participants develop physically, mentally and spiritually. Athletes will learn and practice how to improve their running technique and condition their body and mind. With the help of Coach Rachael Kerner, participants will work on long distance and speed running, stretching technique (including yoga), strength training and proper nutrition. This camp is designed for runners of every level as well as athletes participating in other sports.

WILDCAT SOFTBALL CAMP

August 5 - 9 (half-day camp)

Grades 3 - 9

\$ 75.00

Softball camp will provide the opportunity for campers to develop overall softball skills in the areas of fielding, pitching, catching, and hitting. Any level of player is welcome, as we try to instill and develop a love for the game in all campers. Camp will be under the direction of Coach April Smith, current Maple Hill Softball coaches, as well as former players.

OVER THE HILL SOCCER CAMP

August 12 - 16

Grades 3 - 9

\$150.00

Under the guidance and leadership of Coach Dan Gillespie and Coach Kolby Flach, *Over The Hill Youth Soccer Camp* will emphasize enjoyment of the game of soccer through skill acquisition, strategical awareness and team play.

DAILY SCHEDULE

Full Day - 9 am to 3 pm, with a drop off option of 8:30 am

Half Day - 9 am to 12 pm, with a drop off option of 8:30 am

EMERGENCY CAMP CONTACTS:

Scott Hanrahan: 518-441-2663

Kolby Flach: 518-928-4131

REMEMBER TO BRING EVERY DAY:

- ◆ a lunch; a concession stand with pizza, snacks and drinks will be available each day.
- ◆ a water bottle
- ◆ sunscreen
- ◆ appropriate clothing and footwear for the activity and weather

MAPLE HILL SPORTS ACADEMY - SUMMER 2019

REGISTRATION FORM (deadline: May 31, 2019)

Name: _____ Age: _____ DOB: _____ Grade in Fall '19: _____

Address: _____ City: _____ State: _____ Zip: _____

Parent's Name: _____ Cell: _____ Phone: _____

Email: _____ Emergency Contact: _____ Phone: _____

Shirt Size (circle one): YOUTH: M L ADULT: S M L XL XXL SEX: Female Male

Camps Attending: _____ HOOPS AT THE HILL _____ CAMP CANONICA _____ OVER THE HILL SOCCER
(June 27, 28, July 1 - 3) (July 8 - 12) (August 12 - 16)

_____ RAISE A RACQUET TENNIS _____ WILDCATS RUNNING _____ SOFTBALL CAMP
(August 5 - 9) (August 5 - 9) (August 5 - 9)

MEDICAL/CONSENT FORM

Health Insurer: _____ Policy Number: _____

Allergies: _____ Medical Concerns: _____

Present Medication: _____ Preferred Emergency Room: _____

Physician's Name & Phone: _____

WAIVER INFORMATION

In the event of an emergency, I authorize the staff, nurse, doctors and/or emergency personnel to administer first aid or care as necessary. I understand that neither The Maple Hill Sports Academy nor the Schodack Central School District provide medical insurance for campers and that in the event of any injury requiring medical treatment and / or hospitalization will be paid for by our family insurance.

Parent/Guardian Signature & Date: _____

DISCOUNTS

We are offering a \$25 discount for campers who are attending multiple full day camps or a \$25 discount for families with multiple children attending camp. In order to receive this discount, registrations must be post-marked by May 31st. **No discounts will be offered for the half day camps.** Please email any questions regarding the discounts to LSmith-Auer@schodack.k12.ny.us

PAYMENTS

Please make check payable to: **SCHODACK CENTRAL SCHOOLS**

Please complete the application and return it with full payment to: **Continuing Education**
1477 South Schodack Road
Castleton, NY 12033

No cash will be accepted.



No refunds will be issued after the start of each camp.