

# 4<sup>th</sup> Annual Wildcats Marathon



Start running:  
Saturday, April 15, 2017

Hand in Running Log:  
Friday, June 2, 2017

Run together on Friday, June 2 at 6:30 (check in at 6pm) at MH Middle School  
Rain date- Wednesday, June 7 at 6:30

## What is the Wildcats Marathon?

A fun and easy way to run a marathon (26.2 miles!)

## How is it done?

Marathoners must run or run/walk at least 25 miles between April 15<sup>th</sup> and June 2<sup>nd</sup>. You can run 1 mile every day or you can run 5 miles on 5 different days. Any combination of running works as long as it adds up to 25 miles by June 2<sup>nd</sup>.

On June 2<sup>nd</sup>, we will run the last 1.2 miles together at 6:30 at the **middle school campus (change of venue due to construction!)**. The total distance will be equivalent to an actual marathon: 26.2 miles!

## Who can participate?

Anyone is welcome! Your grandma, your neighbor, your best friend, your sister... *See if you can get your whole family to participate!* We could use volunteers! If you'd like to volunteer or have questions, please contact Kolby Flach at 732-7701 or email him at [kflach@schodack.k12.ny.us](mailto:kflach@schodack.k12.ny.us)

## Is there a fee to participate?

No! But we ask that each runner bring a canned good or non-perishable item to donate to The Anchor. Bring your permission slip to be able to participate!

## What do you need to do?

Read this information carefully, talk to your parents about the marathon (so they know you're doing it), and get them to sign your permission slip, run and keep track of your miles on the running log. Bring your log and permission slip with you and check in at 6 pm on June 2<sup>nd</sup>.

## Wristband

To earn the coveted Wildcats Marathon wristband, you must do the following: After you have completed 25 miles, return your completed "Running Log" and permission slip at Check In between 6-6:30 on Friday, June 2<sup>nd</sup>, 2017 and receive a "26.2 Marathon" wristband!!!

*Prizes will be given for most miles run in each grade, and for the youngest and oldest runner!  
Check in at 6, run at 6:30 and fun and activities will follow! We hope to see you there!!!!*

# Wildcats Marathon Running Log

Your Name \_\_\_\_\_

Address & Phone Number \_\_\_\_\_

Please check one:  Child (Age\_\_\_\_)    Student (Grade\_\_\_\_)    Adult (Age\_\_\_\_)

<u>Date</u>	<u># of Miles Run</u>	<u>Parent's initials</u>	<u>Time (OPTIONAL)</u>
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6/2                      1.2 miles                      Come run the final 1.2 miles together. (Rain Date 6/7)

Total:                      \_\_\_\_\_ miles

# SCHODACK CENTRAL SCHOOL DISTRICT

## Wildcats Marathon Permission Slip

(PLEASE PRINT) \_\_\_\_\_ will be a participant in the 4<sup>th</sup> Annual  
(Name of participant)

Wildcats Marathon at Maple Hill Middle School on June 2, 2017 (rain date 6/7). In the event that I am unreachable during an emergency involving my child, I hereby give permission to the supervising teacher to act on my behalf and to authorize whatever medical procedures are deemed necessary to protect the health and safety of my child, until such time as I may be reached.

\_\_\_\_\_  
(Name of Parent/Guardian)

\_\_\_\_\_  
(Signature of Parent/Guardian) (Date)

Phone Numbers: Home

Work: \_\_\_\_\_

Cell: \_\_\_\_\_

Other: \_\_\_\_\_

Medical Profile	
Insurance Carrier	Physician (phone#)
Allergies:	
Other Medical Conditions:	

\*Please return this permission form the day of the event (6/2) along with your completed distance log on the back.